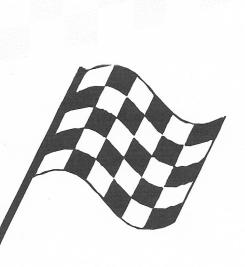
## BESOLIB







## Do you meet the criteria?

- Pass the Par-Q Health Questionnaire.
- Actively training/competing in cycling.
- Cycles with music and with at least one headphone in.
- Cycles 100 miles/wk.
- Completed at least one time trial in the past year (or a 20-min continuous effort)
- Age 18-65 years old.
- You will get a \$50 gift card of your choice upon completion!



Then contact me!

**Graduate Assistant:** 

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